**St. John’s CE Primary School Long Term Overview PSHE and RSE**

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|  | **Autumn Term** | | **Spring Term** | | **Summer Term** | |
| **Nursery** | Transition & Developing Independence | Rules & Relationships | Belonging, sharing and resolving conflict | Feelings and Choices | Expressing Needs | Considering other’s needs |
| **Ruby**  **(Rec)** | Super Duper Me | Celebrating Differences | Relationships | Dreams and Goals | Changing Me | Healthy Me |
| **Diamond**  **(Rec/Year 1)** | Going for Goals | What is the same and different about us? | Who is special to us? | What jobs do people do? | What helps us to stay safe? | How do we recognise our feelings? |
| **Topaz**  **(Year 1/2)** | Going for Goals | Citizenship | What can we do with money? | What helps us grow and stay healthy? | Zippy- Feelings | Zippy – Communication |
| **Emerald**  **(Year 2)** | Going for Goals | Zippy – Making and Breaking Relationships | Zippy – Conflict Resolution | How can we look after each other and the world? | Zippy – Dealing with Change and Loss | Zippy – We Cope |
| **Nightingale**  **(Year 3)** | How do we treat each other with respect? | What keeps us safe? | What are families like? | What makes a community? | How can our choices make a difference to others and the environment? | How can we manage risk in different places? |
| **Cleopatra**  **(Year 3/4)** | Apple - Feelings | Apple - Communication | Apple - Friendships | Apple – Solving Problems | Why should we eat well and look after our teeth? | Why should we keep active and sleep well? |
| **Pankhurst**  **(Year 4/5)** | Apple - Changes | Apple – Moving Forward | Passport - Emotions | Passport – Relationship and Helping Each Other | Drug Aware | Citizenship |
| **Rosa Parks/Einstein**  **(Year 5/6**  **Cycle A)** | What makes up a person’s identity? | What decisions can people make with money? | How can we help in an accident or emergency? | How can friends communicate safely? | How can drugs common to everyday life affect health? | What jobs would we like? |
| **Rosa Parks/Einstein**  **(Year 5/6**  **Cycle B)** | How can we keep healthy as we grow? | Passport – Difficult Situations | How can the media influence people? | Passport – Fairness, Justice and What is Right | Passport – Changes and Loss | Real Love Rocks |