

Key Stage One – P.E. Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Football Small Equipment Skills					
Reception (Ruby)	Football Small Equipment Skills	Dance – Party dances/alone/in pairs/group Firework display or Small Equipment Skills	Support – Racket/stick/bat skills Gymnastics – low level Travelling on floor	Gymnastics – low level Travelling on apparatus	Support – athletics Maypole	Support – athletics Trim Trail
Rec/Y1 (Diamond)	Football/games Small skills gym – floor and travel	→ Games/Dance/ Toys	Games/Gym (apparatus)	Singing in the Rain Dance – weather toys	Athletics → Games/Dance (maypole inc)	Trim Trail
Y1/Y2 (Topaz)	Football/games Small equipment skills gym – floor	Gymnastics – low level apparatus	Dance or Gymnastics - balance	Dance – sports and fitness	Maypole	Trim Trail
Y2 (Emerald)	Football/games Small equipment skills – Throwing and catching	Small equipment skills – Throwing and catching games Dance - fireworks	Racket/stick/bat skills – hockey, tennis, cricket Dance Fitness and sport	→ Dance – through magic mirror	Maypole Athletics	Trim Trail



Key Stage 2 – P.E. Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 1	Gymnastics Invasion Games	Dance Invasion Games	Striking & Fielding Games Net/wall Games	Swimming Net/wall Games	Swimming Athletics	Swimming Athletics
Class 2	Swimming Invasion Games	Swimming Invasion Games	Swimming Net/wall Games	Gymnastics Net/wall Games	Dance Athletics	Striking & Fielding Games Athletics
Class 3	Swimming Invasion Games	Swimming Invasion Games	Striking & Fielding Games Net/wall Games	Striking & Fielding Games Net/wall Games	Gymnastics Athletics	Dance Athletics
Class 4	Gymnastics Invasion Games	Dance Invasion Games	Swimming Net/wall Games	Swimming Net/wall Games	Striking & Fielding Games Athletics	Striking & Fielding Games Athletics
Class 5	Gymnastics Invasion Games	Dance Invasion Games	Striking & Fielding Games Net/wall Games	Striking & Fielding Games Net/wall Games	Swimming Athletics	Swimming Athletics

*Lessons in red are taught by an external provider